



COLORADO RIVER INDIAN TRIBES

Career Development Office

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Good Morning,

CDO is reaching out to advise that CRIT is working on a plan of action for students returning to the reservation due to school closures and containment of COVID-19.

If you are a student who is planning on returning to Parker, please be advised:

This is the suggested protocol.

- 1.) Contact I.H.S. for their medical screening as soon as you return to Parker.
- 2.) Follow I.H.S. recommendations and guidance on how to protect yourself and your family members from the spread of COVID-19.
- 3.) Self-containment for a minimum of 12 days for precaution is also being recommended.
- 4.) Until cleared, limit contact with others. Avoid crowds and do not go out into public places or visit outside of your immediate household.
- 5.) Follow the CDC guidance on the things to do:
 - a. Wash hands frequently.
 - b. Cough into elbow and cover sneezes.
 - c. Don't touch your face.
 - d. Social Distancing- Stay more than 6 feet apart.
 - e. If you are feeling sick, stay home.

*If you are experiencing the symptoms of COVID-19, seek medical attention.

You can find information on the symptoms at

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

- 6.) In the event that you are diagnosed with COVID- 19, doing these things will help you, your family and the community.

For our own health and safety precautions, we are limiting traffic to our office. We are asking at this time, until cleared, **NO PHYSICAL CONTACT WITH CDO.**

We are able to assist you regarding your academics over the phone and through email. Please **DO** call CDO and update us on your plan to complete courses online,

what your school's closure status is or expected to be, and if you need guidance on how to succeed in online courses, please refer to your school's tutorials. If you are in need of additional assistance, contact CDO's Academic Case Manager, Kitty Roberts for further one on one assistance. If she is unavailable, another staff member will be glad to assist you.

We thank you for your cooperation and understanding,



Amanda Barrera
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