



# COLORADO RIVER INDIAN TRIBES

## *Department of Health and Social Services*

May 28, 2020

### **Five New Positive Cases of Coronavirus for the Colorado River Indian Tribes**

The Colorado River Indian Tribes has been notified of five new positive cases of coronavirus resulting from individuals who were tested at the Parker Indian Health Center. This brings the total to 39 positive cases for the Colorado River Indian Tribes out of the 68 cases for La Paz County.

We are strongly urging all individuals to limit contact outside your immediate household as much as possible and to wear a face mask when you must be outside of your home. The Department of Health and Social Services will work in conjunction with Parker Indian Health Center to identify and notify any contacts the individuals may have had recently. If you have any symptoms such as fever, shortness of breath, cough, sore throat, headache, myalgias (body aches), chills, repeating shaking with chills, and new loss of taste or smell please contact the Parker Indian Health Center or your primary physician.

While the State of Arizona has been allowing certain businesses to re-open all residents are reminded to follow the CRIT Stay at Home Order, Resolution No. 54-20 to protect themselves and their households. Everyone needs to stay home except for essential tasks and limit contact with anyone who is not a member of your immediate household. The best ways to protect yourself are to take certain precautions including:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water is unavailable, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wear a face mask when you must leave your home to conduct essential tasks.
- Avoid close contact with anyone outside of your immediate household.
- Stay home when you are sick.
- Clean and disinfect frequently touched objects and surfaces. Cover your cough or sneezes with a tissue and immediately discard the tissue in the trash.

If you would like to receive COVID-19 updates along with other important community information via text message, you can do so by texting **JOIN INFO** to **30890** and you will automatically receive new updates when available. The system will reply with an acknowledgement that you have joined the group.

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