



# **COLORADO RIVER INDIAN TRIBES**

## *Department of Health and Social Services*

May 1, 2020

### First Presumptive Positive Case at Parker Indian Health Center

The Colorado River Indian Tribes Department of Health and Social Services has been notified today of the first presumptive positive resulting from an individual seeking medical care at the Parker Indian Health Center. The individual is a resident of the Colorado River Indian Reservation.

The Department of Health and Social Services will work in conjunction with Parker Indian Health Center to identify and notify any contacts the individual may have had recently. If you have any symptoms such as fever, shortness of breath, cough, sore throat, headache, myalgias (body aches), chills, repeating shaking with chills, and new loss of taste or smell please contact the Parker Indian Health Center or your primary physician.

All residents are reminded to follow the Stay at Home Order, Resolution No. 54-20. Everyone needs to stay home except for essential tasks and limit contact with anyone who is not a member of your immediate household. The best ways to protect yourself is to take certain precautions including:

Wash your hands often with soap and water for at least 20 seconds. If soap and water is unavailable, use an alcohol-based hand sanitizer.

Avoid touching your eyes, nose, and mouth with unwashed hands.

Wear a face mask when you must leave your home to conduct essential tasks.

Avoid close contact with anyone outside of your immediate household.

Stay home when you are sick.

Clean and disinfect frequently touched objects and surfaces.

Cover your cough or sneezes with a tissue and immediately discard the tissue in the trash.

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