



FIRE SAFETY TIPS FOR THE B-B-Q

There are three types of grills:

1. Propane gas grills which use propane tanks.
2. Natural gas grills which use gas piped in from your house.

CAUTION: These two types of grills are not interchangeable. Make sure all fittings are tight and there is adequate ventilation.

3. Charcoal grills which use charcoal briquettes and/or harvested wood and lighter fluid.

Safety Tips

- Read all instructions before using your grill. Note safety operation and handling instructions.
- Clean grill thoroughly before and after using. This is to avoid grease build up that can cause flare-ups and/or fire. **NEVER** put lighter fluid directly on flames!
- Keep all grilling activities away from buildings, houses and garages.
- Use all grills outdoors. Never grill inside houses, garages or on wood-porches.
- Store all lighting fluids away from children.
- Have a multipurpose A-B-C fire extinguisher, a garden hose, bucket of water or sand nearby.
- Keep all children and pets away from grilling area (at least 5 feet in all directions).
- Never leave cooking unattended.
- Use proper grilling utensils for safe handling.
- Use only fluids recommended for charcoal grilling and dispose of charcoal properly in a metal container dowsed with water.



- Check cooking area for proper extinguishment.



HOT WEATHER SAFETY TIPS



Slow Down-Relax:

- Strenuous exercise and exertion should be avoided.



Stay in Cool Place:

- Shade
- Air conditioned building
- A well ventilated area
- Stay indoors as much as possible
- Keep shades and curtains closed during the day
- Open windows for ventilation in evening



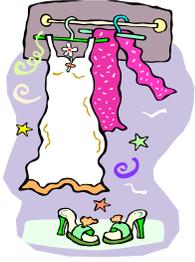
Fluids:

- Drink plenty of water and pure fruit juices
- Soda and drinks with sugar, salt and other additives may take longer to provide relief.

- NO ALCOHOL  OR  CAFFEINE
- Take cool baths and showers



Substitute plenty of water and pure fruit juices for alcohol or caffeine during hot weather.



Clothing:

- Wear light colored, lightweight clothing



Help Each Other:

- Check on relatives, friends and neighbors who live alone, are ill or are elderly.

WARNING SIGNS

Early Signs of Heat Stress:

- Physical and mental changes
- Lack of energy
- Mild discomfort
- Loss of appetite

More Serious Warning Signs of Heat Stress include:

- Dizziness
- Severe mental changes
- Headache
- Excessive weakness
- Muscle cramps
- Nausea
- Irregular heartbeat
- Rapid Shallow breathing

What you can Do:

Get person into cool shaded area or air conditioned building. Apply ice packs or cool wet towel to neck. Keep skin wet by applying water by sponge or wet towels. If person is conscious/alert give plenty of water. If someone is experiencing serious signs of Heat Stress, call 9-1-1!